



Hospital Substitute Treatment

Professional care in the
comfort of your own home



 **CBHS**
CORPORATE HEALTH

Health starts at home



Professional care from the comfort of your own home

Hospital substitute treatment

Recover at home

With CBHS Corporate Health, we offer specialised programs to speed up your discharge from hospital and help you on the road to recovery from the comfort of your own home and from your own bed.

Our Hospital in the Home, Rehabilitation and Wound Management Services, offer you:

- Reduced length of stay in hospital
- Personal Care, Home Support and/or meals, depending on your needs
- No additional out of pocket expenses

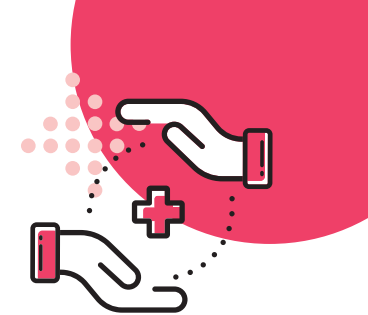
How does it work?

If you have a scheduled operation or you are already in hospital and think the Hospital Substitute Treatment (HST) program may be suitable for you and your recovery, call us on **02 8604 3567** or email wellness@cbhscorp.com.au to check if you qualify.

The CBHS Corporate Health and Wellness Team will then organise the right health professionals to visit you at your convenience.



Recovery meets comfort



Our Services



Hospital in the Home

Get hospital grade care in the comfort of your own home.

You may qualify for Hospital in the Home if you:

- Have wounds that need frequent dressings
- Require intravenous antibiotic therapy, but are otherwise well enough to be at home
- Need help and assistance with mobility and health support around the home
- Need palliative care
- Assistance with mental health conditions



Rehabilitation in the Home

Recover in the place you feel most comfortable.

You may qualify for Rehabilitation in the Home if you are having or have had:

- Joint replacement surgery
- Neurological, respiratory, or cardiac conditions
- Spinal conditions
- Mobility problems



Wound Management

Wound Management services are for those who have injuries that require frequent or complex dressings.

You may qualify for Wound Management if you are receiving:

- Negative pressure wound therapy (VAC therapy)
- Complex ulcer care
- Care following surgical debridement of a wound
- Wounds that require packing
- Care following a mastectomy
- Drain management



Recover where you feel most comfortable



Our professionals

We send health care professionals to your home to give you the care, services and support you need to recover.

★ Registered and Specialist Nurses

Fully-trained and qualified nurses who can assist you with:

- Wound care
- Assessing and monitoring your health
- Mobility
- Pharmaceutical management
- Mental health support
- Palliative care

★ Physiotherapists

Physical body specialists who can help you get moving. They provide:

- Personalised conditioning and exercise programs for strength, balance and mobility
- Help you recover from surgery
- Managing or preventing fatigue, pain, muscle and joint stiffness and deconditioning
- Advice on how to move around the home without exacerbating your condition

★ Occupational Therapists

Professionals that can assess and reduce risks around your home and help you return to daily life. They can:

- Enable you to regain and enhance your daily life after specific events such as joint replacement or stroke
- Find potential risk hazards in your home
- Prescribe and support you in the use of specialised equipment to assist with activities of daily living
- Organise and deliver safety aids

★ Personal Care or Home Support

These services can be provided where required as part of an In Home Hospital Care or Rehabilitation Program. These helpers ensure you're able to complete your day to day responsibilities. They can assist with:

- Personal care such as showering, dressing and grooming
- Home support such as light housekeeping to assist you to concentrate on your recovery
- Meals for you, if required



How do I qualify?

You need to hold an appropriate level of CBHS Corporate Hospital cover or package product. For more information on the programs available to you, please contact our Wellness Team on **02 8604 3567** or email: wellness@cbhscorp.com.au



Feedback

CBHS Corporate Health appreciates any feedback regarding any of the programs described in this brochure.

If you have comments or feedback please email them directly to: wellness@cbhscorp.com.au

General Enquiries



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